

ADVANCE CARE PLANNING FOR DEMENTIA TIPS AND TOOLS

1. Discuss Preferences



Conversation Project
Starter Guide for
Caregivers of People
with Alzheimer's or
Other Forms of
Dementia

2. Discover Options

Alzheimer's
Association Plan for
Your Future

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Dementia Family
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3. Document and Direct

Have a POLST form completed by your
physician, nurse practitioner or
physician's assistant.



Direct where documentation can be
found and who would speak on behalf
of the person with dementia in a
medical crisis.

4. Do it Again

Revisit plan and
review annually.



Update plan if there
are any changes in
a person's health.