



# **CARING FOR THE SPIRIT OF THE FAMILY CAREGIVER**


Rev. Dr. Beryl Evangeline Dennis

**NORTHERN VIRGINIA DEMENTIA CARE CONSORTIUM  
37TH ANNUAL CAREGIVER'S CONFERENCE**

***When Caregiving Calls: BUILDING A FRAMEWORK FOR RESILIENCE***

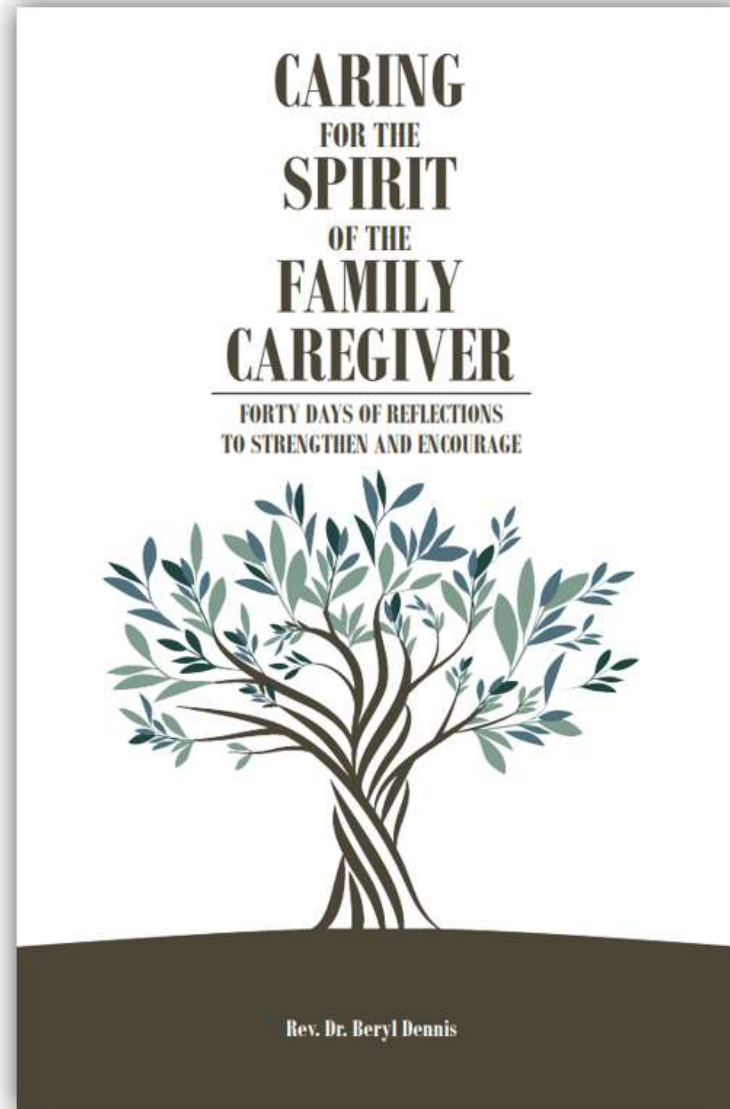
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Korean Central Presbyterian Church 15451 Lee Hwy, Centreville, VA 20121





Rev. Dr. Beryl Evangeline Dennis



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# Caring for the Spirit of the Family Caregiver

**My Story . . .**

Journey of Accompaniment

Labor of Love

Grace of God

Example of Christ

Gift of Experience





# Caring for the Spirit of the Family Caregiver

## Book Overview . . .

PROBLEMS to Overcome

PEOPLE to Learn From

PROMISES to Assure the Spirit

PRINCIPLES to Encourage the Spirit

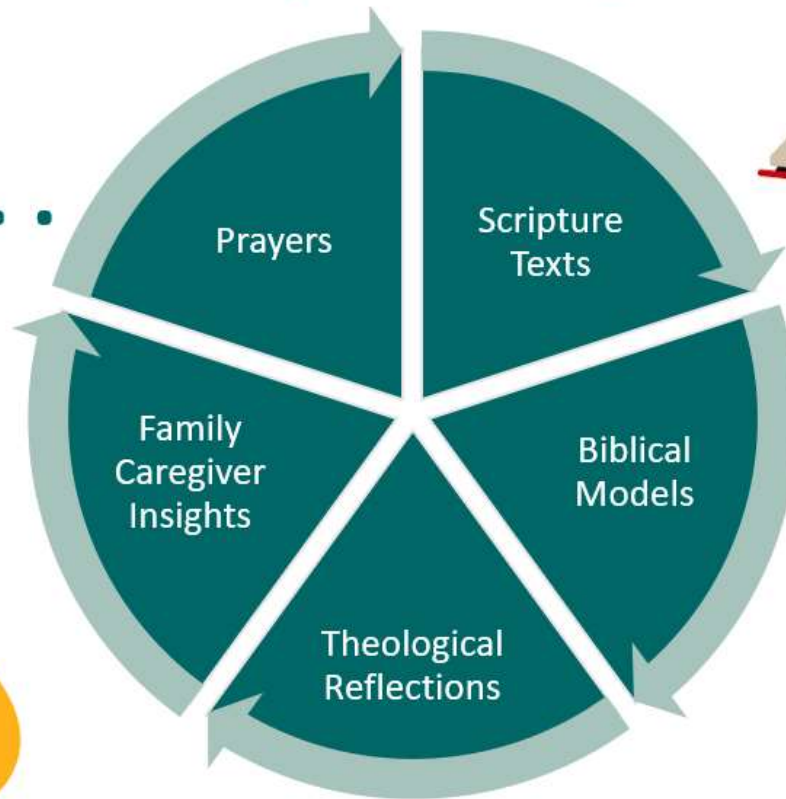
PRACTICES to Sustain the Spirit





# Caring for the Spirit of the Family Caregiver

Devotional Components . . .





# Caring for the Spirit of the Family Caregiver

Questions to ask along the journey . . .

What Scriptures or songs lift you up?

Who do you turn to for help?

How do you give yourself a break?

When do you refresh your spirit?

What valuable lesson have you learned?





## **Caring for the Spirit of the Family Caregiver**

**ANY QUESTIONS ?**

ANY QUESTIONS ?

**Thank you! God bless you.**

